



**Health Services**  
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## When to Stay Home from School

These guidelines have been established to maintain the health and safety of our students and staff.

### **Fever**

With fever of 100.4°F or greater OR 100°F with other signs or symptoms of illness. Student may return when fever-free for 24 hours WITHOUT the use of fever-reducing medicine.

### **Vomiting**

Any unexplained vomiting episode. Student may return 24 hours after last episode and when tolerating a normal diet.

### **Diarrhea**

Three or more unexplained episodes of watery or loose stool in 24 hours OR sudden onset of loose stool and feeling unwell. Student may return 24 hours after last episode.

### **Cough**

Serious, sustained coughing, shortness of breath, or difficulty breathing.

### **Rash**

Any new rash accompanied by a fever or other signs of illness. Student may return after rash goes away and free of fever for 24 hours without medication or with written clearance from a health care provider.

### **Skin Lesions/Sores**

Drainage from a sore that cannot be contained within a bandage OR sores are increasing in size OR new sores are developing OR student continues to touch sores.

### **Hospitalization/Surgery/Injury**

If your student has any health-related needs or accommodations following hospitalization, surgery, or injury, please contact the school office or school nurse prior to reentry.

### **Other**

Symptoms that prevent the student from active participation in usual school activities OR student is requiring more care than school can safely provide OR at the directive of the Kitsap Public Health District.

### References:

CDC – [www.cdc.gov](http://www.cdc.gov)

Washington State Department of Health – [www.doh.wa.gov/youandyourfamily/illnessanddisease/flu](http://www.doh.wa.gov/youandyourfamily/illnessanddisease/flu)

OSPI – [www.k12.wa.us/healthservices/pubdocs/infectiousdiseasecontrolguide.pdf](http://www.k12.wa.us/healthservices/pubdocs/infectiousdiseasecontrolguide.pdf)

KPHD – [www.kitsappublichealth.org](http://www.kitsappublichealth.org)