



Elementary School

Lunch Menu

Rockdale County Schools

September 2022

Breakfast \$1.00 Lunch \$2.10

Menu subject to change without notice	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>9/1/2022 Chicken Nachos Refried Beans Grape Tomatoes w/ Dip Watermelon Milk</p>	<p>9/2/2022 Independent Learning Day</p>
<p>Daily Options: PB & J Basket Salad Plate Tue/Thurs: Deli Basket Mon/Wed/Fri: Toasted Cheese Sandwich</p>		<p>9/6/2022 Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Homemade Wheat Roll Fresh Nectarine Milk</p>	<p>9/7/2022 Chicken over Rice Steamed Broccoli Steamed Carrots Orange Wedges Milk</p>	<p>9/8/2022 BBQ Pork or Chicken Sandwich Baked Beans Cucumber Slices Apple Rice Krispies Treat Milk</p>	<p>9/9/2022 Hot Dog on Bun Grape Tomatoes w/ Dip Tater Tots Granny Smith Apple Milk</p>
	<p>9/12/2022 Chicken Filet Sandwich Tater Tots Sliced Cucumbers Fresh Strawberries Milk</p>	<p>9/13/2022 Beef & Cheese Taco Fiesta Rice Black Beans Garden Salad Orange Wedges Milk</p>	<p>9/14/2022 Chicken Pasta Bake Steamed Broccoli Steamed Carrots Fresh Peach Congo Bar Milk</p>	<p>9/15/2022 Hamburger on Bun French Fries Grape Tomatoes w/ Dip Watermelon Milk</p>	<p>9/16/2022 Pizza Spinach Salad Corn Fresh Pear Milk</p>
	<p>9/19/2022 Chicken Tenders Mashed Potatoes Green Beans Homemade Wheat Roll Peach Cup Milk</p>	<p>9/20/2022 Corn Dog French Fries Carrots w/ Dip Fresh Plum Milk</p>	<p>9/21/2022 Spaghetti w/ Meat Sauce Caesar Salad Corn Homemade Garlic Roll Banana Milk</p>	<p>9/22/2022 Chicken Nachos Refried Beans Grape Tomatoes w/ Dip Watermelon Milk</p>	<p>9/23/2022 Mozzarella Cheese Sticks w/ Marinara Sauce Homemade Wheat Roll Garden Salad Celery Sticks w/ Dip Grapes Milk</p>
	<p>9/26/2022 Chicken & Waffles Corn Celery Sticks w/ Dip Strawberry Cup Milk</p>	<p>9/27/2022 Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Homemade Wheat Roll Fresh Nectarine Milk</p>	<p>9/28/2022 Chicken over Rice Steamed Broccoli Steamed Carrots Orange Wedges Milk</p>	<p>9/29/2022 BBQ Pork or Chicken Sandwich Baked Beans Cucumber Slices Apple Rice Krispies Treat Milk</p>	<p>9/30/2022 Hot Dog on Bun Grape Tomatoes w/ Dip Tater Tots Granny Smith Apple Milk</p>
