

Brooklawn Middle School Parent Resources During Distance Learning and Covid-19
Updated April 21, 2020



In addition to the resources listed below on our webpage, please visit our BMS school webpage and click on **Parents and Students for helpful technology instructional videos** for video resources to help navigate distance learning.

The Pandemic Toolkit Parents Need: 8 expert tips to help families need to stay regulated.
Veronika Tait, Ph.D.

<https://www.psychologytoday.com/us/blog/pulling-through/202004/the-pandemic-toolkit-parents-need>

Schools' Out: A Parents' Guide for Meeting the Challenge During the Covid-19 Pandemic.

<https://nyulangone.org/news/schools-out-parents-guide-meeting-challenge-during-covid-19-pandemic>

Parent's Guide to Distance Learning.

<https://www.acs-schools.com/parents-guide-distance-learning>

5 ways parents can motivate children at home during the pandemic-without nagging or tantrums.

<https://theconversation.com/5-ways-parents-can-motivate-children-at-home-during-the-pandemic-without-nagging-or-tantrums-134617>