
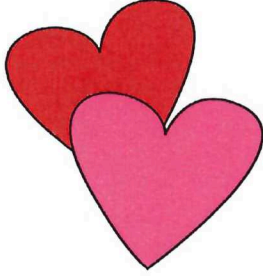





# Random Acts of Kindness Week

February 13th - 17th, 2023

This year, the National Random Acts of Kindness Week runs from Monday, February 13th through Friday, February 17th. This week encourages us to put kindness first and share it everywhere we go. It ends on Friday, February 17th which, this year, is officially Random Acts of Kindness Day. Random Acts of Kindness Day was first created in Denver, Colorado in 1995 by a small nonprofit organization, called the Random Acts of Kindness Foundation. Everyone needs a little kindness sometimes, and we never know when to expect it. Be the unexpected gift to someone this week. Lift someone up with your kind words. Even the simplest acts can help to brighten someone's day.

Please refer to the calendar below to make sure your child participates in the spirit days during the 2022-2023 Eastlake Elementary's **Random Acts of Kindness Week!**

Monday Feb. 13th	Tuesday Feb. 14th	Wednesday Feb. 15th	Thursday Feb. 16th	Friday Feb. 17th
 <p>gg59737916 GoGraph.com</p>				
<p>Be Kind to Yourself!</p> <p>Wear PJ's or comfy clothes that make you feel warm and cozy</p>	<p>Kindness makes the heart grow!</p> <p>Wear pink or red</p>	<p>Work out problems with Kindness!</p> <p>Wear workout clothes/sports gear</p>	<p>Peace, Love, and Kindness!</p> <p>Wear Tie Dye, hearts, or peace clothing</p>	<p>Share the spirit of Kindness!</p> <p>Wear your favorite Eastlake gear</p>