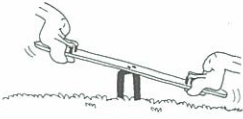


Home & School

Working Together for School Success

CONNECTION[®]

Rockaway Meadow Elementary School
Mr Keith R Cortright, Principal



SHORT NOTES

Celebrate progress

Suggest that your youngster create a fun reminder of all the things she has accomplished. Let her cover a container with construction paper and label it "I did it!" Then, she can write each success ("I memorized my times tables") on a slip of paper and put it in the container. If she's feeling discouraged, have her read the slips.

Excellent attendance

Being in school every day means your child won't miss out on learning. Try to schedule appointments and family trips outside of school hours. If he asks to stay home "just because," remind him of what he'll miss, such as his reading group or art class. Explain that he can be absent only if he's sick or if there's a family emergency.

Eat meals together

You may have heard that it's important for families to eat dinner together. But other meals count, too. If you work in the evenings, maybe you could make time for a family breakfast. On a weekend, try a picnic lunch! Research shows that children who regularly eat meals with their families tend to do better in school and avoid risky behavior.

Worth quoting

"The best way to cheer yourself up is to try to cheer somebody else up!"
Mark Twain

JUST FOR FUN

Q: What's yellow and smells just like green paint?

A: Yellow paint.



Homework solutions that work

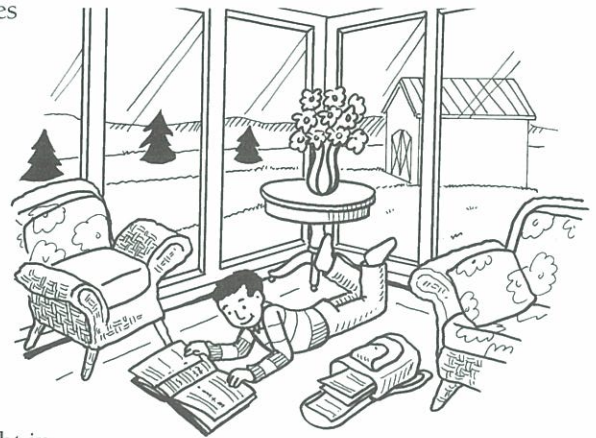
Like an actor rehearsing his lines or a batter working on his swing, your child does homework to practice what he learns in school. And if he's like most youngsters, homework brings occasional challenges. Here are solutions to common problems he might face.

Getting started

When your child gets home from school or after-school care, he might want to relax for a little while, or he may want to jump right in and work. Have him try each method for one week and keep track of how it goes. He could write notes in each day's calendar square. ("Went great!" or "Hard time getting started.") After two weeks, he can review the notes to see which routine worked best.

Staying motivated

Does your youngster ever feel restless when he's doing homework? Suggest that he get up and move to a new spot. For example, he might finish his vocabulary assignment at the kitchen table and then read his science chapter on the



porch. A planned break (say, to have a snack or take a walk) can also give him a second wind.

Solving problems

Help your child make a list of strategies he can use when he gets stuck. For a math assignment, he might try tools like a number line or find sample problems in his book. When he's reading, he could look up words in a dictionary or reread a paragraph. *Tip:* If he's still stumped, he might call a friend or write down his question to ask his teacher the next day.♥

Family teamwork

Whether your youngsters are doing a group project or playing Hacky Sack, a team effort is needed. Everyone's a winner with these games that will show them teamwork in action.

Lower the yardstick. Together, hold a yardstick horizontally so that everyone has one finger underneath. Then, lower the yardstick to the ground—but if anyone's finger drops away, you have to start over. See how many tries it takes to get the yardstick to the floor.

Pass the ball. Sit in a circle with your feet out toward the center. Pass a ball around the circle—using only your feet. How many times can the ball go around before it drops on the ground?♥

