

# Health I

UNIT/ Weeks	Timeline/Topics	Essential Questions
2	Sexuality and You <ul style="list-style-type: none"> <li>• Sexuality and Making Decisions</li> <li>• Adolescence and Development</li> <li>• Adolescence- A Time of Change</li> </ul>	<ul style="list-style-type: none"> <li>• How have you learned about sexuality?</li> <li>• How does a higher level of thinking skill affect your ability to care for others?</li> <li>• Why is adolescence a time of change?</li> </ul>
1	Relationships and Choosing Abstinence <ul style="list-style-type: none"> <li>• Relationships and Communication</li> <li>• Decisions About Sexual Relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Why is communication important in all relationships?</li> <li>• How do individuals handle personal conflict?</li> <li>• How will abstinence help you reach your goals?</li> <li>• What decisions do teens need to make about a sexual relationship?</li> <li>• In what other ways does practicing abstinence demonstrate respect for self and others?</li> </ul>
2.5	Reproductive System <ul style="list-style-type: none"> <li>• The Male Reproductive System</li> <li>• The Female Reproductive System</li> <li>• Hormones and Sexual Feelings</li> </ul>	<ul style="list-style-type: none"> <li>• Why is important for all adult males to monitor their reproductive health?</li> <li>• What is the role of the male in reproduction?</li> <li>• How do the benefits of practicing abstinence promote the health of the reproductive system?</li> <li>• Why should females and males examine their breasts?</li> <li>• What physical changes or reactions are caused by hormones?</li> <li>• How can keeping your long term goals in mind help you make mature responsible decisions when experiencing sexual feelings?</li> </ul>
3	Issues of Sexuality <ul style="list-style-type: none"> <li>• Contraception</li> <li>• Concerns About Sexuality</li> <li>• Sexual Abuse and Violence</li> </ul>	<ul style="list-style-type: none"> <li>• How do you know if you are receiving information about contraception from a reliable source?</li> <li>• Why do you believe some people have claimed that masturbation has harmful effects?</li> <li>• How can stereotyping be damaging to a person?</li> <li>• What are the effects a termination of pregnancy might have on a female?</li> <li>• What can young people do to protect themselves from sexual assault?</li> <li>• Why is it important for both the abuser and the victim to get help?</li> <li>• What can be done to help victims of sexual assault recover both physically and emotionally?</li> </ul>

.5	<p>Sexually Transmitted Infections</p> <ul style="list-style-type: none"><li>• STD's: Widespread among teens</li><li>• Common STD's in the United States</li><li>• Abstinence can prevent STD's</li></ul>	<ul style="list-style-type: none"><li>• What is the most effective way for you to find accurate information regarding sexually transmitted diseases?</li></ul>
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