USD 435's PAT LENDING LIBRARY FOR PARENTS
PAT Books / References
Updated February 2015

TO CHECK OUT A BOOK, BOOKLET OR DVD — Either call in, email or text your Parent Educator with your request to be delivered during a home/personal visit, or check out materials at the PAT play room during a scheduled play group.

PREGNANCY

Books

- From Here to Maternity (Marshall, 1992)
- Your Pregnancy Week by Week (Curtis & Schuler, 2004)

DVDs

- Postpartum from pregnant to parent (InJoy)
- Prenatal Fitness Fix (O'Brien)

PARENTING / CHILD DEVELOPMENT

Books

- Baby Tips For New Moms and Dads, Toddlers (Murphy)
- Building Your Child's Character From the Inside Out (Kuzma, 1992)
- Heading Home With Your Newborn, From Birth to Reality (Jana & Shu, 2005)
- Parenting: Are We Having Fun Yet? Wenc, 1997)
- Parenting Children in Unstable Times (Arent, 1993)
- Parent Talk (Lehman & Carlson, 1993)
- Raising a Happy, Unspoiled Child (White)
- Raising Self-Reliant Children In A Self-Indulgent World (Glenn & Nelsen, 1989)
- Real Boys (Pollack, 1999)
- Show Dad How (Bean)
- Spoiling Childhood — How Well-Meaning Parents Are Giving Children Too Much, But Not What They Need (Ehrensaf, 1997)
- Talk & Toddler — A Commonsense Guide For The First Three Years (Liptay, 1983)
- The Attachment Parenting Book, A Commonsense Guide to Understanding and Nuturing Your Baby (Sears & Sears, 2001)
- (2) The Journey of Becoming A Mother (Kanyer, 1996)
- Ties That Stress — The New Family Imbalance (Elkind, 1994)
- Temperament Tools — Working with Your Child's Inborn Traits (Neville & Johnson, 1998)
- The Complete Idiot's Guide to Fatherhood (Osborn, 2001)
- The New First Three Years Of Life (White, 1995)
- The Hurried Child — Growing Up Too Fast Too Soon (Elkind, 1988)
- The No-Cry Separation Anxiety Solution (Pantley, 2010)
- The 10 Habits of Happy Mothers (Meeker, 2010)
- Toddlers And Parents -- A Declaration of Independence (Brazelton, 1989)
- Touchpoints — Your Child's Emotional & Behavioral Development (Brazelton, 1992)
- 25 Things Every New Mother Should Know (Sears, 1995)
- Your Child At Play: One to Two Years (Segal, 1998)
- Your Child At Play: Two to Three Years (Segal, 1998)
- (2) Your Three-Year-Old (Ames, 1987)
- Your Five-Year-Old (Ames, 1979)
- What's Best For Me (Lerner & Dombro, 2004)

- (2) What To Expect The First Year (Workman, 2003)
- (2) What To Expect The Toddler Years (Workman, 1994)

Booklet

- Cognitive Development: Thinking, Birth to Age 5 (Ks. Parent Resource Center)

DVDs

- (2) Did You Know Your Baby Would Cry Like This? The Period of PURPLE Crying (Nat. Shaken Baby Syndrome, 2007)
- (2) First Year Milestone, A Monthly Guide to Your Baby's Growth — vol. 1: Birth to 6 Months (InJoy)
- (2) First Year Milestone, A Monthly Guide to Your Baby's Growth — vol. 2: 7 to 12 Months (InJoy)
- Holding Your Baby Skin to Skin in the First Hour After Birth (The Health Children Project, 2011)
- Is Baby OK? Assessing Development (Learning Seed)
- Learning Before School, How Parents Can Help (Learning Seed)
- Learning Happens — School Readiness Skills Through Everyday Interactions (Zero to Three)
- Life with Baby — Parenting from Birth to 12 Months (Parenting Counts) – DVD & Booklet
- More 1-2-3 Magic — Encouraging Good Behavior, Independencs, and Self-Esteem (Phelan)
- Painless Parenting for the Preschool Years (Love & Logic w/ Charles Fay)
- Parenting Counts, A Focus on Early Learning (KCTS)
- Parenting the Strong-Willed Chidl (Forehand & Lang, 1987)
- Ten Things Every Child Needs for the best start in Life (McCormick)
- The DAD difference — vol. 2: Invovled From the Start (InJoy)
- The Happiest Toddler on the Block — Eliminate up to 90% of the tantrums...in just days! (Karp)
- The Out-of-Sync Child — Recognizing & Coping with Sensory Processing Disorder (Kranowitz)
- (2) Touchpoints—A Guide to Understanding Your Child's Physical, Emotional, & Behavioral Development (Brazelton)

DISCIPLINE

Books

- Go To Your Room! Consequences That Teach — Consequences That Teach (Steelsmith, 2000)
- I've Got What It Takes! (Fay, 1994)
- Love and Logicims (Fay & Faye, 2001)
- Love and Logic Magic, When Kids Leave You Speechless (Fay & Fay, 2000)
- Love & Logic Solutions for Kids with Special Needs (Funk, 2002)
- 1-2-3 Magic, Training Your Children to Do What You Want! Effective Discipline for Children 2-12 (Phelan, 1995)
- The Discipline Book (Sears & Sears, 1995)
- Tickets To Success (Fay, 1994)

DVD's

- Helicopters, Drill Sergents & Consultants — Parenting Styles & the Messages They Send (Fay)
- Love & Logic — Simple Parenting Strategies (Fay & Fay)
- 1-2-3 Magic: Managing Difficult Behavior in Children, 2-12 (Phelan)

- Parenting Doesn't Have to be Rocket Science (Love & Logic w/ Cline)
- (2) Positive Discipline without shaking, shouring or spanking —vol . 1: Babies (InJoy)
- (2) Positive Discipline without shaking, shouring or spanking — vol. 2: Toddlers (InJoy)
- Positive Discipline without shaking, shouring or spanking — vol. 3: Preschoolers (InJoy)
- Raising the Odds for Responsible Behavior (Fay)
- (2) Toddlers and Pre-Schoolers — Love & Logic Parenting for Early Childhood: 6 Months to 5 Years and Toddlers & Pre-Schoolers (Fay & Cline)

NUTRITION / FEEDING

Books

- Baby-Led Weaning — The Essential Guide to Introducing Solid Foods (Rapley & Murkett, (2010)
- Child of Mine -- Feeding with Love and Good Sense (Satter, 2000)
- Entrées to Go (Notebook from Community Found. of Dk. Co. grant)
- (2) Secrets of Feeding A Healthy Family (Satter, 2008)

DVDs

- Preventing Obesity, Childhood Nutrition — Feeding Your Baby, vol. 1 (InJoy)
- Preventing Obesity, Childhood Nutrition — Feeding Your Baby, vol. 2 (InJoy)
- I Can Feed Myself! — A Baby-Led Appraoch to Introducing Solid Foods (Rapley, MTV)
- Yummy in My Tummy — Healthy Eating Habits for Babies (Cambridge)

(Breastfeeding)

Books

- Adventures in Tandem Nursing (Flower, 2003)
- Balancing Breast & Bottle (Peterson & Harmer, 2010)
- Breastfeeding With Confidence (Cox, 2001)
- Eat Well, Lose Weight, While Breastfeeding (Behan, 1992)
- Ina May's Guide to Breastfeeding (Gaskin, 2009)
- New Mother's Guide to Breastfeeding (Meek & Tippins, 2002)
- The Best Gifts — breastfeeding (Skrypuch, 1998)
- The Complete Book of Breastfeeding (Eiger & Wendkos, 1999)
- The Womanly Art of Breastfeeding (LaLeche, 2010)
- (2) Working Without Weaning (Berggren, 2006)

Booklets

- An Easy Guide to Breastfeeding (U.S. Dept. of Health & Human Services)
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- Breastfeeding as a Glance (Playpus)
- (3) Breastfeeding Facts for Fathers (Playpus)
- Breastfeeding, Keep It Simpe (Spangler, 2005)

DVDs

- Breastfeeding—baby's choice (Widstrom, 2007)
- Breastfeeding for Working Mothers (InJoy)
- Getting Started With Breastfeeding, Spanish ersion (LaLeche)

READING, LITERACY, LEARNING

Books

- (2) Growing Up Reading / Learning to Read Through Creative Play (Hauser, 1993)
- Hey! Listen To This This—Stories to Read Aloud (Trelease,1992)
- (3) Story Time With Your Children (AAL)
- (2) The Read-Aloud Handbook (Trelease, 1995 & 2006 editions)

DVD

- Reading Aloud, Parent Version (Trelease)
- Talk With Me, Read With Me, Sing With Me (Kansas Families & Schools Together, Inc.)
- The Art of Reading a Storybook (Books for Life)

SIGNING

Books

- Baby Signs, How to Talk with Your Baby Before Your Baby Can Talk (Acredolo & Goodwynm, 2001)
- Teach Your Baby to Sign (Beyer, 1974)
- Teaching Your Baby to Sign (Heller, 2004)
- Simple First Words, Let's Sign (2008)

GAMES / ACTIVITIES / PLAY For Babies & Young Children

Books

(Arts / Crafts / Play / Games Music)

- Calm Down & Play — Activities to Help Impulsice Children (Berger)
- Entertaining & Educating Babies & Toddlers (Usborne)
- Gifts in a Jar for Kids — Recipes to make your own gifts (CQ Products)
- Infant and Toddler Experiences (Hast & Hollyfield, 1999)
- Learning Games, Birth to 12 Months (Sparing & Lewis, 2000)
- Learning Games, 12 to 24 Months (Sparing & Lewis, 2001)
- Learning Games, 24 to 36 Months (Sparing & Lewis, 2001)
- Look What I Can Do! A Developmentally Appropriate Activity Guide for Parents & Educators of Young Children (S.E. Ks. Ed. Service Center)
- Kids' & Weekends — Creative Ways to Make Special Days (Hart & Mantell, 1992)
- Kids' Crazy Concoctions — 50 Mysterious Mixtures for Art & Craft Fun (Hauser, 1995)
- Kids Make Music! Clapping & Tapping from Bach to Rock! (Hart & Mantel, 1993)
- More Infant and Toddler Experience (Hast & Hollyfield, 2001)
- More Things to Do with Toddlers and Twos (Miller, 1994)
- The Kids' Multicultural Art Book (Terzian, 1993)
- The Kids' Nature Book (Milord, 1989)
- The Ultimate Book of Holiday Kid Concotions (Thomas, 2001)
- The Ultimate Book of Kid Concoctions (Thomas, 2000)

Boxed Activity Cards

- Small Wonder! 1 — Activities for baby's first 18 months (American Guidance Service)
- Small Wonder! 2 — Activities for baby's first 18 months (American Guidance Service)

DVDs

- Age-Appropriate Play — vol. 1: The First 12 Months (InJoy)
- Age-Appropriate Play — vol. 2: 12 to 24 Months (InJoy)
- Age-Appropriate Play — vol. 3: 2 to 3 Months (InJoy)

HEALTH / SAFETY

Books

- Beyond the Blues — A Guide to Understanding & Treating Prenatal & Postpartum Depression (Bennett & Indman, 2006)
- Infant Massage, A Handbook For Loving Parents (McClure, 1989)
- (2) On the Safe Side (Wolf, 1998)
- The Portable Pediatrician (Sears, 2001)
- When To Call The Doctor (Tzeel, 1999)

- (2) What to Do When Your Child Gets Sick (Mayer & Kudlierus, 2007)

SPECIALIALIZED TOPICS

(Death / Grieving)

Books

- Help, Comfort & Hope after Losing Your Baby in Pregnancy or the First Year (Lothrop, 1992)
- Saying Goodbye (Boulden, 1992)
- Sibling Grief (Medic Pub., 1987)
- 25 Things To Do When Grandpa Passes Away, Mom & Dad Get Divorced, or the Dog Dies (Kanyer, 2004)
- Were Are You? A Child's Book About Loss (Olivieri & Elder, 2007)

(Divorce / Single Parents)

Books

- Family Rules: Helping Stepfamilies & Single Parents Build Happy Homes (Lofas, 1998)
- It's Not Your Fault, Koko Bear — A Read-Together Book for Parents & Young Children During Divorce (Lansky, 1998)
- 25 Things To Do When Grandpa Passes Away, Mom & Dad Get Divorced, or the Dog Dies (Kanyer, 2004)

(Sleep)

Books

- Nighttime Parenting (Sears, 2001)
- Safely Sleeping With Your Baby (McKenna, 2007)
- (2) The Happiest Baby on the Block — The New Way to Calm Crying & Help Your Newborn Baby Baby Sleep Longer (Karp, 2003)
- (2) The No-Cry Sleep Solution (Pantley, 2002)

Booklets

- A Quick Guide to Safely Sleeping With Your Baby (Playpus)
- Safely Sleeping With Your Baby (McKenna, 2007)

DVDs

- Sleep Like A Baby, What Every Parent Needs to Know About Safe Infant Sleep (Playypus)
- The Happiest Baby on the Block — The New Way To Calm Crying & Help Your Baby Sleep Longer (Karp)

(Toilet Training)

Book

- The No-Cry Potty Training Soutile (Pantley, 2007)

(Twins)

Books

- Double Duty (Tinglof, 1998)
- The Joy of Twins and other multiple births (Novotny, 1985)
- Twins, From Conception to Five Years (Cleg & Woolett, 1983)
- Twins, Pregnancy, Birth and the First Year of Life (Agrew, Kline & Ganon, 1997)