

# January 2023



<u>Breakfast Menu</u>		<u>Smoothie w/Muffin or Animal Crackers on Mon, Weds &amp; Fri</u>		
Breakfast Burrito	Cinnamon Roll	Breakfast Pizza	French Toast	Egg & Chz Biscuit
<u>Lunch Menu</u>				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  <b>Winter Break</b>	<b>3</b> <b>Make-up Day 1</b>  <b>Winter Break</b>	<b>4</b> Country Fried Steak w/Gravy & Roll or Turkey & Gravy w/Roll or Fish Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit Salad Bar Chicken Parmesan	<b>5</b> Chicken Bacon Ranch Sub Rib Patty or Grilled Cheese Corn, Green Beans Spiced Apples, Peaches, Strawberries Cookie - Chocolate Chip Salad Bar Chicken Quesadilla	<b>6</b> Pizza Crunchers or Corn Dog or Burger Fries, Salad Sliced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce
<b>9</b> Spaghetti w/Breadstick w/Meatsauce or Alfredo Sauce or Lasagna w/Breadstick or Burger Steamed Broccoli, Salad Orange Wedges, Blueberries, Yogurt Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	<b>10</b> Sloppy Beefy Scoops or BBQ Rib or Sloppy Joe Baked Beans, Green Beans Applesauce, Peaches Cookie - Sugar Salad Bar Taco Bar on line 2 & Salad Bar w/Beef & Chicken Options	<b>11</b> Chicken Bowl-KFC Style w/Gravy & Roll or Turkey & Gravy w/Roll or Grilled Chicken Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit Salad Bar Spaghetti w/Breadstick w/Meatsauce or Alfredo Sauce	<b>12</b> Subs - Meatball or Hot Ham & Cheese or Hot Turkey w/Cheese Potato Wedges, Corn Spiced Apples, Peaches, Strawberries Ice Cream Sandwich or bar Salad Bar Asian Bar w/Rice & Fortune Cookie Bourbon, Gen T'so, Terryaki, Sweet & Sour	<b>13</b> Bosco Sticks w/Marinara or Fish Sandwich or Burger Fries, Salad Sliced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce
<b>16</b> <b>MLK Day - Make-up Day 2</b> Nacho Bar or BBQ Turkey or Burger Corn, Black Beans Orange Wedges, Blueberries, Yogurt Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	<b>17</b> Chicken on the Beach or Burrito w/cheese or BBQ Rib Refried Beans, Glazed Carrots Applesauce, Peaches Cookie - M & M Salad Bar Taco Bar on line 2 & Salad Bar w/Beef & Chicken Options	<b>18</b> Pork Steak w/Gravy & Roll or Turkey & Gravy w/Roll or Fish Sticks w/Roll Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit Salad Bar Bosco Sticks w/Marinara	<b>19</b> Chicken Bites or Tenders w/Mac & Cheese or BBQ Turkey or Grilled Cheese Corn, Green Beans Spiced Apples, Peaches, Strawberries Cookie - Snickerdoodle Salad Bar Chicken Bites or Tenders w/Mac & Cheese	<b>20</b> Pizza Wedge or Corn Dog or Burger Fries, Salad Sliced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce
<b>23</b> Rattlesnake Bowl or Chicken Patty or Burger Green Beans, Corn Orange Wedges, Blueberries, Yogurt Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	<b>24</b> Chicken Quesadilla - Homemade or Burrito w/cheese or Rib Spanish Rice, Refried Beans Applesauce, Peaches Cookie - Oatmeal Raisin Salad Bar Taco Bar on line 2 & Salad Bar w/Beef & Chicken Options	<b>25</b> Chicken Bowl-KFC Style w/Gravy & Roll or Turkey & Gravy w/Roll or Grilled Chicken Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit Salad Bar Chili Soup or Grilled Cheese	<b>26</b> Dutch Waffle or Chicken Patty or Spicy Chicken Tater Tots, Corn Spiced Apples, Peaches, Strawberries Ice Cream Sandwich Salad Bar Asian Bar w/Rice & Fortune Cookie Bourbon, Gen T'so, Terryaki, Sweet & Sour	<b>27</b> French Bread Pepperoni Pizza or Fish Sticks or Burger Fries, Salad, Croutons Sliced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce