

September 2022



Cooks' Choice
will replace
unavailable
items

<u>Breakfast Menu</u>									
Breakfast Burrito		Cinnamon Roll		Breakfast Pizza		French Toast		Egg & Chz Biscuit	
<u>Lunch Menu</u>									
Monday		Tuesday		Wednesday		Thursday		Friday	
29		30		31		1		2	
						Subs - Meatball or Hot Ham or Turkey w/Cheese Potato Wedges, Corn Spiced Apples, Peaches, Strawberries Cookie - Confetti		Bosco Sticks w/Marinara or Fish or Burger Fries, Salad Diced Pears, Various Fruits	
						Salad Bar		Salad Bar	
						Asian Bar w/Rice & Fortune Cookie Bourbon, Gen T'so, Terryaki, Sweet & Sour		Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce	
5		6		7		8		9	
Nacho Bar or BBQ Pork or Burger Corn, Black Beans Orange Wedges, Grapes Apricot Cup		Chicken on the Beach or Burrito w/cheese or BBQ Rib Refried Beans, Glazed Carrots Applesauce, Kiwi, Watermelon Cookie - Choc Chip		Pork Steak w/Gravy & Roll or Ham Casserole w/Roll or Grilled Chicken Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit		Chicken Bites or Tenders w/Mac & Cheese or Rib Patty or Grilled Cheese Corn, Green Beans Spiced Apples, Peaches, Strawberries Cookie - Sugar		Pizza Wedge or Fish or Burger Fries, Salad Diced Pears, Various Fruits	
Salad Bar		Salad Bar		Salad Bar		Salad Bar		Salad Bar	
Nacho Bar w/BBQ Pork & Cheese Sauce		Taco Bar w/Beef & Chicken Options		Bosco Sticks w/Marinara		Chicken Bites or Tenders w/Mac & Cheese		Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce	
12		13		14		15		16	
Rattlesnake Bowl or Chicken Patty or Burger Green Beans, Corn Orange Wedges, Grapes Apricot Cup		Chicken Quesadilla - Homemade or Burrito w/cheese or Rib Spanish Rice, Refried Beans Applesauce, Kiwi, Watermelon Cookie - Oatmeal Raisin		Chicken Bowl-KFC Style w/Gravy & Roll or Grilled Cheese or Grilled Chicken Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit		Dutch Waffle or Chicken Patty or Spicy Chicken Tater Tots, Corn Spiced Apples, Peaches, Strawberries Cookie - M&M		French Bread Pepperoni Pizza or Fish or Burger Fries, Salad Diced Pears, Various Fruits	
Salad Bar		Salad Bar		Salad Bar		Salad Bar		Salad Bar	
Nacho Bar w/BBQ Pork & Cheese Sauce		Taco Bar w/Beef & Chicken Options		Chili Soup or Grilled Cheese		Asian Bar w/Rice & Fortune Cookie Bourbon, Gen T'so, Terryaki, Sweet & Sour		Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce	
19		20		21		22		23	
Orange Chicken w/Rice & Egg Roll or Sloppy Joe or Burger Stir Fry Veg, Corn Orange Wedges, Grapes Apricot Cup		Beefy Nachos or BBQ Rib or Chicken Baked Beans, Green Beans Applesauce, Kiwi, Watermelon Cookie - Snickerdoodle		Salisbury Steak w/Gravy & or Ham Casserole w/Roll or Grilled Chicken Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit		Chicken Philly Sub or Rib Patty or Grilled Cheese Corn, Green Beans Spiced Apples, Peaches, Strawberries Cookie - Oatmeal Cranberry		Pepperoni Calzone or Fish or Burger Fries, Salad Diced Pears, Various Fruits	
Salad Bar		Salad Bar		Salad Bar		Salad Bar		Salad Bar	
Nacho Bar w/BBQ Pork & Cheese Sauce		Taco Bar w/Beef & Chicken Options		Spaghetti w/Breadstick w/Meatsauce or Alfredo Sauce		Breakfast Bar - Dutch Waffle w/Egg & Sausage		Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce	
26		27		28		29		30	
Chicken Alfredo w/Breadstick or Corn Dog or Burger Green Beans, Corn Orange Wedges, Grapes Apricot Cup		Chicken on the Beach or Burrito w/cheese or BBQ Rib Refried Beans, Glazed Carrots Applesauce, Kiwi, Watermelon Cookie - Confetti		Chicken Pot Pie w/Gravy & or Fish or Grilled Chicken Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit		French Toast w/Sausage & Egg or Chicken Patty or Spicy Chicken Tater Tots, Corn Spiced Apples, Peaches, Strawberries Cookie - Choc Chip		Cheezy Garlic French Bread or Fish or Burger Fries, Salad Diced Pears, Various Fruits	
Salad Bar		Salad Bar		Salad Bar		Salad Bar		Salad Bar	
Nacho Bar w/BBQ Pork & Cheese Sauce		Taco Bar w/Beef & Chicken Options		Sub Bar Ham, Turkey, Meatball, Pork		Asian Bar w/Rice & Fortune Cookie Bourbon, Gen T'so, Terryaki, Sweet & Sour		Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce	
Salad Bar Entrée Salad Menu									
Chef Salad		Chicken Tender Salad		BLT Salad		Caesar Salad		Large Salad	

A variety of fruits and vegetables will be served daily on all lunch lines.

Students may choose unlimited vegetables without extra charge.

Any meal - Students may choose 2 fruit options without extra charge.

Only one of the fruit options may be a juice carton. Additional cartons are .50.

A variety of fruits will be served daily on all breakfast lines.

This institution is an equal opportunity provider.