

November 2022



Cooks' Choice will replace unavailable items

Breakfast Menu		Smoothie w/Muffin or Animal Crackers on Mon, Weds & Fri		
Breakfast Burrito	Cinnamon Roll	Breakfast Pizza	French Toast	Egg & Chz Biscuit
Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
31 Orange Chicken w/Rice & Egg Roll or Sloppy Joe or Burger Stir Fry Veg, Corn Orange Wedges, Blueberries, Yogurt Apricot Cup Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	1 Beefy Nachos or BBQ Rib or Chicken Baked Beans, Green Beans Applesauce, Peach Cup Cookie - Snickerdoodle Salad Bar Taco Bar w/Beef & Chicken Options	2 Salisbury Steak w/Gravy & Roll or Roasted Italian Chicken w/Roll or Grilled Chicken Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit Salad Bar Spaghetti w/Breadstick w/Meatsauce or Alfredo Sauce	3 Chicken Philly Sub or Rib Patty or Grilled Cheese Corn, Green Beans Spiced Apples, Peaches, Strawberries Ice Cream Sandwich Salad Bar Breakfast Bar - Dutch Waffle w/Egg & Sausage	4 Pepperoni Calzone or Corn Dog or Burger Fries, Salad Diced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce
7 Chicken Alfredo w/Breadstick or Corn Dog or Burger Green Beans, Corn Orange Wedges, Blueberries, Yogurt Apricot Cup Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	8 Chicken on the Beach or Burrito w/cheese or BBQ Rib Refried Beans, Glazed Carrots Applesauce, Peach Cup Cookie - Confetti Salad Bar Taco Bar w/Beef & Chicken Options	9 Thanksgiving Dinner! All Lines Turkey & Gravy w/Roll or Glazed Ham w/Roll Mashed Potatoes Dressing, Corn, Salad, Fruit, Pumpkin Cake Salad Bar Chicken Parmesan	10 French Toast w/Sausage & Egg or Chicken Patty or Spicy Chicken Tater Tots, Corn Spiced Apples, Peaches, Strawberries Cookie - Choc Chip Salad Bar Asian Bar w/Rice & Fortune Cookie Bourbon, Gen T'so, Terryaki, Sweet & Sour	11 Cheezy Garlic French Bread or Fish or Burger Fries, Salad Diced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce
14 Asian Bar w/Rice & Fortune Cookie or Chicken Patty or Burger Stir Fry Veg, Corn Orange Wedges, Blueberries, Yogurt Apricot Cup Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	15 BBQ Pork Sandwich or BBQ Rib or Burger Baked Beans, Green Beans Applesauce, Peach Cup Cookie -M&M Salad Bar Taco Bar w/Beef & Chicken Options	16 Country Fried Steak w/Gravy & Roll or Roasted Italian Chicken w/Roll or Grilled Chicken Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit Salad Bar Chicken Parmesan	17 Chicken Bacon Ranch Sub Rib Patty or Grilled Cheese Corn, Green Beans Spiced Apples, Peaches, Strawberries Ice Cream Sandwich Salad Bar Chicken Quesadilla	18 Pizza Crunchers or Corn Dog or Burger Fries, Salad Diced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce
21 Spaghetti w/Breadstick w/Meatsauce or Alfredo Sauce or Lasagna Roll w/Breadstick or Burger Steamed Broccoli, Salad Orange Wedges, Blueberries, Yogurt Apricot Cup Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	22 Sloppy Beefy Scoops or BBQ Rib or Sloppy Joe Baked Beans, Green Beans Applesauce, Peach Cup Cookie - Oatmeal Cranberry Salad Bar Taco Bar w/Beef & Chicken Options	23 Thanksgiving Vacation 	24 Thanksgiving Vacation 	25 Thanksgiving Vacation 
28 Nacho Bar or BBQ Pork or Burger Corn, Black Beans Orange Wedges, Blueberries, Yogurt Apricot Cup Salad Bar Nacho Bar w/BBQ Pork & Cheese Sauce	29 Chicken on the Beach or Burrito w/cheese or BBQ Rib Refried Beans, Glazed Carrots Applesauce, Peach Cup Cookie - Choc Chip Salad Bar Taco Bar w/Beef & Chicken Options	30 Pork Steak w/Gravy & Roll or Roasted Italian Chicken w/Roll or Grilled Chicken Sandwich Steamed Broccoli, Mashed Potatoes Salad, Apples, Mixed Fruit Salad Bar Bosco Sticks w/Marinara	1 Chicken Bites or Tenders w/Mac & Cheese or Rib Patty or Grilled Cheese Corn, Green Beans Spiced Apples, Peaches, Strawberries Ice Cream Sandwich Salad Bar Chicken Bites or Tenders w/Mac & Cheese	2 Pizza Wedge or Corn Dog or Burger Fries, Salad Diced Pears, Various Fruits Salad Bar Potato Bar-Fries or Baked w/Chili Sauce & Cheese Sauce