

WEST DEPTFORD TOWNSHIP SCHOOLS

Content Area: Health - Physical Education		
Grade Level: 1		
PE Unit 1: Movement Skills and Concepts		
09/06/2022 → 10/21/2022		7 weeks
PE Unit 2: Physical Fitness		
11/07/2022 → 12/02/2022		5 weeks
PE Unit 3: Manipulatives		
12/5/2022 → 12/23/2022 (Part 1 = 3 weeks) 03/27/2023 → 05/12/2023 (Part 2 = 6 weeks)		9 weeks
PE Unit 4: Lifetime and Cooperative Activities		
05/15/2023 → 06/09/2023		3 weeks
Health Unit 1: Nutrition		
01/03/2023 → 01/20/2023		3 weeks
Health Unit 2: Health Conditions, Diseases, and Medicines		
01/23/2023 → 03/10/2023		7 weeks
Health Unit 3: Lifelong Fitness		
03/13/2023 → 03/24/2023		2 weeks
Date Created: August 2022 Revised:	Board Approved: August 2022 Revised Board Approved:	