

WEST DEPTFORD SCHOOL DISTRICT

Content Area: SEL	
Course Title: Choose Love	
Grade Level: Kindergarten	
Unit 1: Courage	
10/3/2022 - 12/9/2022	9 weeks
Unit 2: Gratitude	
12/12/2022 - 1/27/2023	6 weeks
Unit 3: Forgiveness	
1/30/2023 - 2/24/2023	4 weeks
Unit 4: Compassion In Action	
2/27/2023 - 3/31/2023	5 weeks
<i>Date Created: August 2021</i> <i>Revised: August 2022</i>	<i>Board Approved: August 2021</i> <i>Revised Board Approved: August 2022</i>

WEST DEPTFORD SCHOOL DISTRICT
Kindergarten Choose Love Pacing Guide for 2021- 2022

Title: Choose Love Please note: Even though Choose Love is taught two days a week , skills and vocabulary should be integrated and reinforced throughout the school day.	Instructional Period	# of Days
Unit 1: Courage (10/3/2022 - 12/9/2022)		
Week 1 -Choosing Love	10/3, 10/5	2
Week 2- The Four Ingredients of Choose Love	10/11, 10/12	2
Week 3- Courage and the Brave Breath	10/17, 10/19	2
Week 4- Courage and Feelings I Can Be Brave!	10/24, 10/26	2
Week 5- Feelings	10/31, 11/2	2
Week 6- Difficult Feelings	11/7, 11/14	2
Week 7- Strong Feelings	11/16, 11/21	2
Week 8- We Are Not Our Feelings	11/28, 11/30	2
Week 9- We are Courageous	12/5, 12/7	2
Unit 2: Gratitude (12/12/2022 →1/27/2023)		
Week 1- Gratitude Breath and Gratitude in School	12/12, 12/14	2
Week 2- Gratitude in Action	12/19, 12/21	2
Week 3- Gratitude for Our World	1/3, 1/4	2
Week 4- Gratitude for Myself	1/9, 1/11	2
Week 5- The Power of Yet	1/17, 1/18	2
Week 6- An Attitude of Gratitude	1/23, 1/25	2
Unit 3: Forgiveness (1/30/2023 →2/24/2023)		
Week 1- What is Forgiveness?	1/30, 2/1	2
Week 2- Forgiveness and Anger	2/6, 2/8	2
Week 3- Our Brain, Anger and Forgiveness	2/13, 2/15	2
Week 4- Asking for Forgiveness?	2/21, 2/22	2
Unit 4: Compassion In Action (2/27/2023→3/31/2023)		
Week 1-Calling on Compassion	2/27, 3/1	2
Week 2- Making Decisions with Compassion	3/6, 3/8	2
Week 3- Compassion for Our Similarities and Differences	3/13, 3/15	2
Week 4-Compassion Connects Us	3/20, 3/22	2
Week 5- We are All Connected	3/27, 3/29	2