

# Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 8/1/2022 To: 8/31/2022

Tuesday, August 23, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
34	LETTUCE & TOMATO:1 leaf,2 slice	
990073	MILK,CHOC,LOWFAT, 1%	Milk
816	Turkey Breast - Natural	
82	Veggies	
313	Wheat Bread	Gluten, Wheat

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 8/1/2022 To: 8/31/2022

Wednesday, August 24, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
403	Hot Dog on a Wheat Bun	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 8/1/2022 To: 8/31/2022

Thursday, August 25, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 8/1/2022 To: 8/31/2022

Friday, August 26, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
990072	String Cheese	Milk
82	Veggies	

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## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 8/1/2022 To: 8/31/2022

Monday, August 29, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
753	Italian Chicken Tenders, Barbe	Gluten, Milk
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 8/1/2022 To: 8/31/2022

Tuesday, August 30, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
401	Meatball Sandwich 1-6	Gluten, Milk, Soy, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

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## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 8/1/2022 To: 8/31/2022

Wednesday, August 31, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
34	LETTUCE & TOMATO:1 leaf,2 slice	
990073	MILK,CHOC,LOWFAT, 1%	Milk
816	Turkey Breast - Natural	
82	Veggies	
313	Wheat Bread	Gluten, Wheat

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