

Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Monday, January 3, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
753	Italian Chicken Tenders, Barbe	Gluten, Milk
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Tuesday, January 4, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
401	Meatball Sandwich 1-6	Gluten, Milk, Soy, Wheat
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Wednesday, January 5, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
34	LETTUCE & TOMATO:1 leaf,2 slice	
228	MILK,1% Chocolate	Milk
816	Turkey Breast - Natural	
82	Veggies	
313	Wheat Bread	Gluten, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Thursday, January 6, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
228	MILK,1% Chocolate	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Friday, January 7, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
228	MILK,1% Chocolate	Milk
990072	String Cheese	Milk
82	Veggies	
814	Wheat Bagel	Gluten, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Monday, January 10, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
403	Hot Dog on a Wheat Bun	Gluten, Wheat
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Tuesday, January 11, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
357	Grilled Cheese	Gluten, Milk, Soy, Wheat
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Wednesday, January 12, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
398	Ham	
34	LETTUCE & TOMATO:1 leaf,2 slice	
228	MILK,1% Chocolate	Milk
82	Veggies	
313	Wheat Bread	Gluten, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Thursday, January 13, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
228	MILK,1% Chocolate	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Friday, January 14, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
839	Italian Sub on Wheat Roll	Milk, Soy, Wheat
34	LETTUCE & TOMATO:1 leaf,2 slice	
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Tuesday, January 18, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
401	Meatball Sandwich 1-6	Gluten, Milk, Soy, Wheat
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Wednesday, January 19, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
34	LETTUCE & TOMATO:1 leaf,2 slice	
228	MILK,1% Chocolate	Milk
816	Turkey Breast - Natural	
82	Veggies	
313	Wheat Bread	Gluten, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Thursday, January 20, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
228	MILK,1% Chocolate	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Friday, January 21, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
228	MILK,1% Chocolate	Milk
990072	String Cheese	Milk
82	Veggies	
814	Wheat Bagel	Gluten, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Monday, January 24, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
753	Italian Chicken Tenders, Barbe	Gluten, Milk
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Tuesday, January 25, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
357	Grilled Cheese	Gluten, Milk, Soy, Wheat
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Wednesday, January 26, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
398	Ham	
34	LETTUCE & TOMATO:1 leaf,2 slice	
228	MILK,1% Chocolate	Milk
82	Veggies	
313	Wheat Bread	Gluten, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Thursday, January 27, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
841	Dressing Ranch 1.5 oz Newmans	Egg, Milk
304	Fresh Fruit	
228	MILK,1% Chocolate	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Friday, January 28, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
839	Italian Sub on Wheat Roll	Milk, Soy, Wheat
34	LETTUCE & TOMATO:1 leaf,2 slice	
228	MILK,1% Chocolate	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2022 To: 1/31/2022

Monday, January 31, 2022

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
403	Hot Dog on a Wheat Bun	Gluten, Wheat
228	MILK,1% Chocolate	Milk
82	Veggies	

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