

# Green Bay Public School District

## Head Injury Report



Magaca ardeyga: \_\_\_\_\_ Dhashey: \_\_\_\_\_ Taarikhda manta: \_\_\_\_\_ Dugsiga: \_\_\_\_\_

Waalidka qaaliga ah/Masuulka ardeyga:

Ilmahaani madaxuu ku duftey/dhufatey \_\_\_\_\_ aror. /galab Waatan warbixin ku saabsan dhaawaca gaadhey:

- |                                                                |                                                                  |
|----------------------------------------------------------------|------------------------------------------------------------------|
| <input type="checkbox"/> ku dhufasho madaxa gidaarka           | <input type="checkbox"/> Ardeyga oo ku socda fasalka             |
| <input type="checkbox"/> ku dhufasho ah _____ ball             | <input type="checkbox"/> afteenka dhexdiisa/daarada lagu ciyaaro |
| <input type="checkbox"/> ku dhufasho madaxa bir/ qalab/ dhulka | <input type="checkbox"/> Xiisada isportiga P.E dhexdeeda         |
| <input type="checkbox"/> ku dhufasho madaxa ardey kale         | <input type="checkbox"/> Fasalka dhexdiisa                       |
| <input type="checkbox"/> ku dhufasho madaxa xafiiska/ miiska   | <input type="checkbox"/> Waxkale: _____                          |

Ilmaha waa la eegey wuxu qabo laguna hayey \_\_\_\_\_ daqiiqo, xafiiska si loo habsado in uu si fiican wax ukala garanayo magaca iyo wixii kudhacey, halku ku dhacey iyo siduu u dhacey ba uu/ ey sheegi karo/karto.

Baraf ba la saarey nabarki  Nabarka waala nadiifiyey blastar na la saarey  Indhaha la eegey hada dib loo eegey

Waxa jira astaamo yalaalugo/Matag  Ardeygu wuu fiicnaadey oo fasalku ku noqdey  Waqdigi waalidka la wacey

Fariin ba looga tagey waalidka.  Waqtiga la wacey qofka kale ee uqorna hadey arin dagdag I dhacdo

Warbixin kale: \_\_\_\_\_

Markhaatiyadu waa:: \_\_\_\_\_

Nabar walba oo madaxa gaadha waa in la ilaaliya qofka 24saac. Ilmuhu wuu seexan kara see waa inaad dhowr jeer eegta habeenka u horreya. Markaad la hadasho waan ey ama isagu caadi u kacaa kulana hadlaa si caadi ah. Kadib 48 saac ulaa dhaqan ilmah sii hore ee intaan nabarku ku dhicin.

Hadi ilmahaagu ka caydo hal ama dhowr kamid ah calaamadaha nabarka hoose ee madaxa, ama se adiguba ku aragtid, si dagdag ah ugee dhakhtarka. Calamada dhaawaca hoose ee madaxa kaga dhaca caruurta iyo dhalinyarada khatar na galiya waxa kamid ah:

### Calaamadaha iyo Dhibatooyinka keeno ee lagu garto Nabarka Hoose ee kudhaca ee la dhaho Concussion

Calaamadaha uu waalidku/masuulku ku arkey	Dhibatooyinka uu Ilmuhu sheektey
<ul style="list-style-type: none"> <li>Wuxu u eeg-yahey qof maskax-diisu maqantahey</li> <li>Waa u la wereer-sanyahey wixi kudhacey</li> <li>Caga jid bu ku jawaabaya</li> <li>Suaalihi la weydiyey ayuu kugu celinayaa.</li> <li>Ma xauusan karo wixi dhacey kahor intaanu madaxa wax kaga dhicin.</li> <li>Wa u gadon-maya</li> <li>Dhabeecadi ama shaqsiyadiisi wey isbadashey</li> <li>Wuu iloobaya fasalka jadwalkiisi iyo casharadii loo dhiibey</li> </ul>	<p><b>Fikirka /Xasuusta</b></p> <ul style="list-style-type: none"> <li>Waa ku dhib fikiraadu</li> <li>Waa ku dhib wax u fiisashadu iyo xasuustu</li> <li>Wuxu dareemaya culeys badan</li> <li>Wuxu dareemaya caajis, dheelalow, heehaab ama in uu maankiisu maqan yahey</li> </ul> <p><b>Dhan jirdhka:</b></p> <ul style="list-style-type: none"> <li>Madax xanuun ama madaxo culus</li> <li>Yalaalugo/ Matag</li> <li>Sara joogu ka dhacaya/ wareeraya</li> <li>Daal badan bu dareemaya</li> <li>Haydh haydh bey aragtidu ku tahey.</li> <li>Wey dhibayaan sanqadha iyo iftiinku</li> <li>Waxba ma dhareemayoama kabuubyow</li> <li>Waad aragta in “wax ka khaldan-yihin”</li> </ul> <p><b>Shucuurta am se Xiska:</b></p> <ul style="list-style-type: none"> <li>Xanaaq badan</li> <li>Murugo</li> <li>Shucuur si cadi aheyn is ku badaleysa</li> <li>Cadho</li> </ul> <p><b>Hurdada*:</b></p> <ul style="list-style-type: none"> <li>Dheelalo</li> <li>Hurdo inti hore ka yar</li> <li>Hurdo ka badan inti hore</li> </ul> <p><i>*Dhibta xaga hurtada waxa la weydiin kara qof markey mudo ka dhambeysey dhawa.</i></p>

Materials adapted from U. S. Dept. of HHS Centers for Disease Control and Prevention

Caruur tira kooban aya canuun dareema 7 ilaa 10 cisho kadib makaey madaxa ka cawarmeen. Xaashidan heyso si aad u tustid dhakhtarka cuniga hadi aad calaamadahaas ka aragtig isla maalintaas 10 cishe ku xiga.. Si dagdag ah u wac dhakhtar hadi cunogu 2 ama dhowr goor ey dhib khatar gali neysa ey madaxa ka kaadhey sanad kii inadhaafey gu dihiisa. Salaan sare,

Shaqalaha dugsiga

Ardeyga xashidan kopi aya la siiyey \_\_\_\_\_ Wakhtiga \_\_\_\_\_ Dhawaca waxa lagu sheegey halkan Infinite Campus Health Office Visits

Ama meesha dokumantiga loogu tala galey ee IC ga