

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: http://www.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

MONDAY



Mini Maple Pancakes
-or-
Cereal & Cheese Stick

5

Fruit
Milk Choice

TUESDAY

Sausage Biscuit
-or-
Cereal & Cheese Stick

6

Fruit
Milk Choice

WEDNESDAY



Cinnamon Roll
-or-
Cereal & Cheese Stick

7

Fruit
Milk Choice

THURSDAY

Muffin & Cheese Stick
-or-
Cereal & Cheese Stick

1

Fruit
Milk Choice

Country Steak Biscuit
-or-
Cereal & Cheese Stick

2

Fruit
Milk Choice

Muffin & Cheese Stick
-or-
Cereal & Cheese Stick

8

Fruit
Milk Choice

Country Steak Biscuit
-or-
Cereal & Cheese Stick

9

Fruit
Milk Choice

French Toast Sticks
-or-
Cereal & Cheese Stick

12

Fruit
Milk Choice

Sausage Biscuit
-or-
Cereal & Cheese Stick

13

Fruit
Milk Choice

Mini Cini
-or-
Cereal

14

Fruit
Milk Choice

Muffin & Cheese Stick
-or-
Cereal & Cheese Stick

15

Fruit
Milk Choice

Country Steak Biscuit
-or-
Cereal & Cheese Stick

16

Fruit
Milk Choice

Waffle
-or-
Cereal & Cheese Stick

19

Fruit
Milk Choice

Sausage Biscuit
-or-
Cereal & Cheese Stick

20

Fruit
Milk Choice

Manager's Choice
Breakfast Entree

21

Fruit
Milk Choice

22

23

26

27

28

Menus subject to change
due to unforeseen circumstances

For the most updated weekly menus by school please visit our Facebook page: RCS School Nutrition Program