

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Menus subject to change
due to unforeseen circumstances

For the most updated weekly menus by school please visit our Facebook page: RCS School Nutrition Program

Labor Day

5

Sausage Biscuit
Fruit
Milk Choice

6

Spicy Turkey Sausage Egg
and Cheese Tornado
Fruit
Milk Choice

7

Muffin & Cheese Stick
Fruit
Milk Choice

1

Country Steak Biscuit
Fruit
Milk Choice

2

Muffin & Cheese Stick
Fruit
Milk Choice

8

Country Steak Biscuit
Fruit
Milk Choice

9

Waffle
Fruit
Milk Choice

12

Sausage Biscuit
Fruit
Milk Choice

13

Sausage Breakfast Pizza
Cereal (on the go lines only)
Fruit
Milk Choice

14

Muffin & Cheese Stick
Fruit
Milk Choice

15

Country Steak Biscuit
Fruit
Milk Choice

16

NO
SCHOOL

19

Pancake & Sausage on a Stick
Fruit
Milk Choice

20

Sausage Biscuit
Fruit
Milk Choice

21

Muffin & Cheese Stick
Fruit
Milk Choice

22

Country Steak Biscuit
Fruit
Milk Choice

23

Mini Pancakes
Fruit
Milk Choice

26

Sausage Biscuit
Fruit
Milk Choice

27

Spicy Turkey Sausage Egg
and Cheese Tornado
Fruit
Milk Choice

28

Muffin & Cheese Stick
Fruit
Milk Choice

29

Country Steak Biscuit
Fruit
Milk Choice

30