

SUPERINTENDENT

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**Española Public Schools****Striving for Excellence****BOARD OF EDUCATION**

Jeremy Maestas, President
Brandon Bustos, Vice President
Katrina Martinez, Secretary
Ruben Archuleta, Member
Javin Coriz, Member

Food Service Program

Espanola Public Schools is committed to providing a safe and healthy environment for all students in the district. The district works with the NM Environmental Department to comply with state and federal regulations. All cafeteria meals are documented. Food temperatures and inventory records are kept on file. Please review district policy E-3300 FREE AND REDUCED - PRICE FOOD SERVICES and J-4950 STUDENT WELLNESS.

We encourage you to attend PAC meetings and monthly board meetings to offer suggestions and input.

E-3300 © EFC FREE AND REDUCED - PRICE FOOD SERVICES

A program of free and reduced-price meals shall be established through Board approval and participation in the National School Lunch, School Breakfast Programs and other federal programs to provide meals for students who qualify. All parents and guardians, including those of students entering during the year, shall be informed of the program by letter in a language the parent or guardian understand. Printed meal applications or instructions on how to receive a printed application will be provided for every new enrollee at enrollment. Assistance with understanding the application will be provided as needed. The school may complete and file an application for a student who is eligible for free and reduced-price meals if aware that the student is eligible and none is on file, per Title 7. Applications shall be reviewed and maintained by the supervisor of food services.

The income poverty guidelines prescribed on July 1 of each year must be used for the ensuing fiscal year. Each state agency has special responsibilities for informing schools and service institutions of their obligation to provide free or reduced-price lunches and breakfasts to students who qualify. Furthermore, the Board will submit to the Food and Nutrition Office a policy and criteria that will be followed in determining the eligibility of all students for free or reduced-price meals.

The District will serve meals free or at a reduced price to any student who is a member of a family that has an annual income not above the applicable income level for the student's family size.

The adopted income guidelines must meet the income poverty guidelines prescribed by the federal

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Office of Management and Budget.

Non Discrimination or Stigmatization

Students who cannot pay or who have a meal debt:

- Shall not be publicly identified by any means so as to separate or allow a recognition of difference from other students using food services.
- Shall not be required to do chores or other work to pay for meals.
- May be required to carry a letter addressed to their parent or guardian regarding food services but direct communications to the student about meal debt is prohibited.

Adopted: August 16, 2017

J-4950 © JL STUDENT WELLNESS

The School District strives to make a significant contribution to the general well being, mental and physical capacity and learning ability of each student while affording them the opportunity to fully participate in the educational process.

The District is committed to providing school environments that promote and protect children's health, safety, well-being, and ability to learn by supporting healthy eating and physical activity in a safe environment. Healthy eating is demonstrably linked to reduced risk for mortality and development of many chronic diseases as adults.

To ensure the health and well being of all students, the Board shall promote and monitor student wellness in a manner that the Board determines is appropriate in the following areas:

- **Nutrition Guidelines:** All foods available in each school during the day will have as a primary goal the promotion of student health and the reduction of childhood obesity. All guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture, as those regulations and guidance apply to schools.
- **Nutrition Education:** The goal is to influence students' eating behaviors by providing nutrition education that is appropriate for students' ages; reflects students' cultures; is integrated into health education or core curricula; and provides opportunities for students to practice skills and have fun.
- **Physical Activity:** The goals for physical activity are to provide opportunities for every student

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to develop the knowledge and skills for specific physical activities, to maintain students' physical fitness, to ensure students' regular participation in physical activity, and to teach students the short- and long-term benefits of a physically active and healthful lifestyle.

- Other School-Based Activities: The goal is to create a total school environment that is conducive to healthy eating and physical activity.
- Evaluation: A primary goal will be to regularly evaluate the effectiveness of this policy in promoting healthy eating and changing the program as appropriate to increase its effectiveness.
- Parent, Community and Staff Involvement: A primary goal will be to engage family members, students, and representatives of the school food authority, the Governing Board, school administrators, and the public in development and regular review of this school policy.

A health advisory council consisting of parent(s), school food authority personnel, school board member(s), school administrator(s), school staff, student(s) and community member(s) shall be established by the Superintendent with the advice and consent of the Board. This council shall meet a minimum of twice a year for the purpose of making recommendations to the local board on the implementation, revision and evaluation of the wellness program. The Superintendent shall be the presiding officer of the health advisory council and shall provide

- A written, specific statement of the purpose of the council.
- The dates on which reports of the council are to be rendered.
- Recommendations on replacements required upon a council members unavailability or resignation.
- The extent to which facilities, supplies, equipment, and clerical support will be provided to the council.
- A briefing on the requirements of the New Mexico Open Meeting Law ([10-15-1 NMSA 1978](#)) as it applies to committees of the Board.
- Posting of all Notices and agendas of meetings of the council.

The Superintendent is directed to seek the input of the council in the develop of recommendations and administrative regulations to implement this policy, including such provisions as may be necessary to address all food and beverages sold and/or served to students at school (i.e., competitive foods, snacks and beverages sold from vending machines, school stores, and funding-raising activities and refreshments that are made available at school parties, celebrations and

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meetings), including provisions for staff development, family and community involvement and program evaluation. Regulations and exhibits created for the purpose of implementing this policy shall be considered, in effect, to be an extension of this policy.

Adopted: July 11, 2007