

Karnack Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

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Sausage/Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

Honey bun/Yogurt
100% Fruit Juice
Fresh Fruit
Variety of Milk

Bacon/Egg/Toast
100 % Fruit Juice
Fresh Fruit
Variety of Milk

Breakfast Pizza
100% Fruit Juice
Fresh Fruit
Variety of Milk

Assorted Cereal/Toast
PB&J Sandwich
100% Fruit Juice
Fresh Fruit
Variety of Milk

Sausage/Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

Pancake on Stick
100% Fruit Juice
Fresh Fruit
Variety of Milk

Chicken/Biscuit
100 % Fruit Juice
Fresh Fruit
Variety of Milk

Breakfast Pizza
100% Fruit Juice
Fresh Fruit
Variety of Milk

Assorted Cereal/Toast
PB&J Sandwich
100% Fruit Juice
Fresh Fruit
Variety of Milk

Sausage/Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

Muffins/Turkey Sausage
100% Fruit Juice
Fresh Fruit
Variety of Milk

Bacon/Egg/Toast
100 % Fruit Juice
Fresh Fruit
Variety of Milk

Breakfast Pizza
100% Fruit Juice
Fresh Fruit
Variety of Milk

Assorted Cereal/Toast
PB&J Sandwich
100% Fruit Juice
Fresh Fruit
Variety of Milk

Sausage/Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

Pancakes/Turkey Sausage
100% Fruit Juice
Fresh Fruit
Variety of Milk

This institution is an Equal Opportunity provider.

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31

Mandarin Orange Chicken/Rice
Broccoli/Cheese
Glazed Carrots
Applesauce
Variety of Milk

Walking Dorito Taco
Refried Beans
Steamed Corn
Diced Peaches
Variety of Milk

Tamales
Garden Salad
Refried Beans
Steamed Corn
Diced Peaches
Variety of Milk

Chicken/Chili/ Crisпитos/Rice
Refried Beans
Steamed Corn
Garden Salad/Salsa
Diced Peaches
Variety of Milk

Chicken Fajitas
Refried Beans
Steamed Corn
Garden Salad
Diced Peaches
Variety of Milk

Salisbury Steak
Wheat Rolls
Mashed Potatoes/Gravy
Green Beans
Mandarin Oranges
Variety of Milk

Baked Chicken/Corn Bread
Turnip Greens
Pinto Beans
Sweet Potatoes
Mandarin Oranges
Variety of Milk

Chicken Strips/Fish Strips
Tater Tots
Green Beans
Hush Puppies
Mandarin Oranges
Variety of Milk

Steak Fingers
Mashed Potatoes/Gravy
Green Beans
Wheat Rolls
Mandarin Oranges
Variety of Milk

[Enter Additional Info]

Chili Dogs
Ranch Beans
Tater Tots
Garden Salad
Pineapple Tidbits
Variety of Milk

Breaded Steak Sandwich
Tater Tots
Green Beans
Pineapple Tidbits
Variety of Milk

Chicken Spaghetti/Garlic Bread
Green Peas
Glazed Carrots
Pineapple Tidbit
Variety of Milk

Hamburger/Cheese/Burger Salad
PB&J Sandwich
Carrot Stick/Ranch
Oven Fries
Sidekick
Variety of Milk

Pepperoni Pizza/Bosco Sticks
Marinara Sauce
Oven Fries
Celery Stick/Ranch
Sidekick
Variety of Milk

BBQ Rib Patty/PB&J Sandwich
BBQ Baked Bean
Oven Fries
Celery Stick/Ranch
Sidekick
Variety of Milk