

The background is split into two vertical panels. The left panel has a salmon-colored background with various star shapes in blue, yellow, and white. The right panel has a white background with colorful confetti (blue, yellow, pink) and a yellow swirl on the right side.

CLASS OF 2026

1ST QUARTER VISIT

Mrs. Krutsinger & Mrs. Prudencio



ICEBREAKER ACTIVITY

PHONE CHARADES

A PERSON ACTS OUT A CHARADE ONLY FOR THE NEXT PERSON IN THE LINE, WHO IN TURN ACTS OUT FOR THE NEXT PERSON (NO TALKING). THE LAST PERSON STANDING IN LINE ATTEMPTS TO GUESS WHAT THE ORIGINAL CLUE WAS.



HELLO AND WELCOME TO HIGH SCHOOL!

MRS. KRUTSINGER
CLASS OF 2026
COUNSELOR

MRS. PRUDENCIO
CLASS OF 2026
SOCIAL WORKER

[*Welcome Packet*](#)


[*Join Class Google Classroom*](#)

[*Class Code = bvjy63w*](#)


[*How to make an
appointment*](#)

[Welcome from
Ms.Prudencio](#)

[Schedule an Appointment](#)



CLASS CHECKPOINT SURVEY



PLEASE TAKE A MOMENT TO FILL OUT THE SURVEY, [HERE](#).

THIS WILL HELP US KNOW HOW TO BEST SUPPORT YOU!





FRESHMAN ACADEMIC RESOURCES



HIGH SCHOOL 4-YEAR PLAN

CCHS GRADUATION REQUIREMENTS

HOW TO CALCULATE YOUR GPA

FRESHMAN CHECKLIST

STUDY TIPS

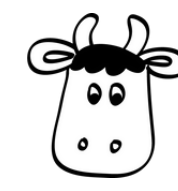
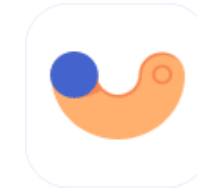
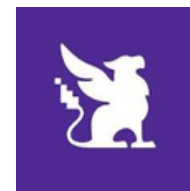
ADVICE FROM CCHS GRADUATES

15 TIPS FOR HIGH SCHOOL SUCCESS

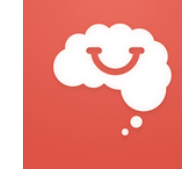


PERSONAL & SOCIAL-EMOTIONAL RESOURCES

APPS FOR TIME MANAGEMENT



APPS FOR MANAGING STRESS/HEALTHY COPING



FEELINGS CHECK-IN

STRESS MANAGEMENT QUICK TIPS



ADDITIONAL RESOURCES

[COPING STATEMENTS](#)

[TIME MANAGEMENT TIPS](#)

[MINDFULNESS STEPS](#)

[VIRTUAL CALMING ROOM](#)

[MENTAL HEALTH RESOURCES](#)

[LEVELS OF SUPPORT](#)





STRESS LESS GROUP

