

RLASD Elementary Distance Learning 4K Week 1: April 6th-April 10th

Even though we have recommended days, you can do things when you want and have time for them during the week. Don't panic, you are doing great! Play and read!

	Gross Motor/Play	Math	Fine Motor	Literacy	Social Emotional
Monday April 6th	<p>Move like ocean animals either inside or outside (crawl like a crab, swim like a fish, sway like seaweed, move like a jellyfish or turtle) Can also tell them to move... fast or slow... stop or go</p>	<p>Draw shapes and see if they can name them (triangle, rectangle, oval, circle, square). Can cut them apart and mix them up upside down and play a guessing game to practice naming the shapes.</p>	 <p>Have clothespins practice pinching them open and closed on to different items around the house or draw shapes onto clips and match/clip to shapes you cut out</p>	 <p>Either you or the child writes their name down and cut it apart and practice rebuilding it</p>	<p>Show your family how you practice belly breathing (like you learned in Class).</p> 
Tuesday April 7th	<p>Tightrope walking. Place masking tape (or any tape) on the ground and have them balance walking on it. Have fun! Make obstacles! Give them something to hold in each hand while they balance.</p>	<p>Find 10 toys and line them up and practice counting forwards and backwards</p>	<p>Use paper, construction paper, newspaper, etc. Tear or cut the paper into small pieces and glue them onto another piece of paper to create a picture.</p>	<p>Relax and read a book either inside or outside. Ask questions as you read...how are the characters feeling, what might happen next</p>	<p>Tell your family about the most fun part of your day today. Also about the most difficult part of your day.</p>
Wednesday April 8th	<p>Move like a race car, tractor, truck, train, airplane. Can pretend to hit a bumpy road or storm. What would happen?</p>	<p>Make a pattern with household items or toys such as red/blue, red/blue or red/red/blue, red/red/blue, etc. You can use a variety of colors.</p> 	<p>Make dots on paper and use a marker to connect the dots. You can even try using different colors or creating letters or shapes!</p> <pre> </pre>	<p>Have your child find three things in your house that start with the same sound as their name. For example, if your child's name were "Caleb" they could find a clock, couch, and candle. If your child enjoys this activity, try giving them other sounds to find matching objects for.</p>	<p>Look up 2 jokes to share with an adult (and ask if they know any jokes to share with you). What do polar bears eat for lunch? Iceberg-ers.</p>
Thursday April 9th	<p>Pillow Rides. Have your child use a pillow, place toys or stuffed animals on top and have them pull the pillow across the room to give them a ride. Another idea is to have them hold the pillow and carry the animals on top while walking across the room and keep the toys from falling!</p>	<p>Have your child help with laundry saving socks for last. Have them count how many socks are in the bin. Then have them find the matching pairs.</p>	<p>Write a number, letter, shape or their name with a marker/pencil on a piece of paper. Have your child use a toothpick or pushpin/thumbtack to poke holes along the lines. It works best to do this on carpet or on top of a paper plate. When finished, hold it up to the light/window and see the light shine through.</p>	<p>Draw a picture. Have your child explain what they drew in the picture. Help them identify the beginning sound of what they drew and see if they are able to identify the letter (help them if needed) and then see if they are able to write that letter. If your child is not quite ready it's ok! You may write what they describe to you, but encourage them to try first.</p>	<p>Share something that you are thankful for today (draw, write, talk).</p>