

RLASD Elementary Distance Learning 4K

Week 2: April 13th-17th

Even though we have recommended days, you can do things when you want and have time for them during the week. Don't panic, you are doing great! Play and read!

	Gross Motor/Play	Math	Fine Motor	Literacy	Social Emotional
Monday April 13th	<p>Shape Hop Draw shapes outside! Hop on one foot around the shapes, then hop on two feet around the shapes!</p> <p>Don't Fall!</p>	<p>Cracker Countdown Place 10 crackers in a row! Count crackers 1-10 forward. Then count from 10 to 1 backwards. When you count backwards, eat one cracker at a time. Yum, what happened?</p>	<p>Stick Trace Find a stick! Use it like a pencil. Write your name in the sand or dirt with your stick.</p> <p>Mother Nature's Tool!</p>	<p>Letter M Scavenger Hunt! Get out your paper and writing tool! Look around your house! How many M & m's can you find? Cereal Boxes, Cell Phone, Computer Key Board, Macaroni and Cheese Box. Good Luck and have fun!</p>	<p>Mindful Monday Try Go Noodle online.</p> 
Tuesday April 14th	<p>Silly Races Have a race and do some silly things while you are running. Some ideas are: <u>hands on your head</u>, <u>run backwards</u>, <u>run while holding hands</u>, <u>hop on one foot</u>, <u>run like an airplane</u>, etc.</p> <p>Click Here for more Be safe!</p>	<p>Nature Walk Go on a Nature Walk and count the things you find:</p> <p>Trees, Squirrels, Rocks, Birds, Butterflies, Sticks, Puddles, Flowers</p> <p>Click Here for a recording sheet</p> <p>What else did you find?</p>	<p>Q-tip Tracing Write names, letters, numbers or shapes on a piece of paper with a marker. Have your child use a q-tip and dip it in paint to make dots on the lines to trace them. No paint? No problem! You can dip the q-tips in water and make wet dots along the lines. What did you make?</p> <p>Example</p>	<p>Musical Alphabet Game Write letters on index cards or small pieces of paper and arrange in a circle on the floor. Play music and have your child dance around the circle and randomly stop the music. When the music stops, stop dancing! Whichever letter you are closest to, say that letter. Video - Click Here What sound does it make?</p>	<p>Talk about it Tuesday</p> <p>How are you feeling today? What are some things that make you happy, frustrated, Disappointed, excited.</p>
Wednesday April 15th	<p>Name Movement Come up with fun movements for each letter and spell out your name and do those moves</p> <p>Click Here</p>	<p>Shape Patterns Cut paper into shapes (you can draw them out first to cut on lines). Make sure some are different: colored paper, sizes, shapes, materials. Sort them out as many ways you can and have your child tell you how they sorted. See if you can make patterns too.</p>	<p>Playdough fun Play restaurant, bakery</p>	<p>Post-It Names Write 1 letter each on a post-it or various pieces of paper (be sure to include the letters in your child's name!). Mix and match the letters and have your child find the letters in their name and place them in order.</p>	<p>Wacky Wednesday Play your favorite song and have a dance party</p>
Thursday April 16th	<p>Toss & Count Toss a ball (pillow, stuffed animal) back and forth. Count to see how many times you can catch without dropping.</p>	<p>Laundry Sorting Let them help you! They can sort laundry by familiar family members (if it's moms or brothers), size, type of clothing, color, by zippers/buttons/stripes/dots and matching socks.</p>	<p>Pouring station With a large bucket put spoons, and cups and water in the bucket. Allow them to pour the water from one container to the other. You can ask which container is bigger or smaller?</p>	<p>Fort Reading Build a fort together and read in it. Enjoy some time together. Read the title and ask what they think will happen in this book? As you read, continue asking about what might happen next?</p>	<p>Thoughtful Thursday</p> <ul style="list-style-type: none"> • Have a Helpful Day! • Help pick up toys! • Help put away clothes. • Help make your bed. <p>Look how Helpful you are!</p>