

RLASD Elementary Distance Learning 4K

Week 3: April 20th-24th

Even though we have recommended days, you can do things when you want and have time for them during the week. Don't panic, you are doing great! Play and read!

	Gross Motor/Play	Math	Fine Motor	Literacy	Social-Emotional
Monday April 20th	<p>Line Hop Place tape or draw lines on the floor or driveway. Hop from one line to another!</p>	<p>Measurement Stacking Place a yardstick or ruler against the wall. Have your child stack legos, cups, etc.. next to the ruler. Have your child write the measurement number down.</p>	<p>Pencil/Pen Sort Place pencils and or pens in a line. Have your child pick up and sort by size, color, or length.</p>	<p>Beginning Sounds Print/write a letter on one side of a paper, draw a picture on the other. Have your child trace the letter and picture with playdough. Cc-Carrot.</p>	<p>Mindful Monday At school, we have a calm down corner. Create a calm down space in your home. Choose a special place. Make it comfy. Put a couple of items that help you to feel better. A stuffed animal, book.</p>
Tuesday April 21st	<p>Hot/Cold Game Take an item to hide. As they search for it if they move further away they are colder or freezing. If they get closer they are warmer or hot until they find the item.</p>	<p>Color/Shape Search Go on a walk or look around the house. Challenge them to find things like 5 green things or 7 square-shaped items. Help them look!</p>	<p>Build a Museum Make a sculpture out of playdough and come up with a story about it. Make a whole museum. Roll the play dough out and pinch it to make it into the sculpture.</p>	<p>Salt Writing Grab any tray or lid/shallow baking dish and fill it with just enough salt or sugar or flour to barely cover the bottom. Write a letter or number and then gently shake to "erase" and try again!</p>	<p>Talk about it Tuesday Talk to the adult in your house about your calm down space. What else do you need? Talk about when to use it. I will use this space when I am upset. I can take deep breaths, snuggle my blanket or stuffed animal. When I feel calm I will be ready to join the group.</p>
Wed April 22nd	<p>Red Light/Green Light Shout out "green light" to go, "red light" to stop. Repeat. Type "Red light, green light game" into Youtube for an example</p>	<p>Paper Toss Crunch up some old newspaper or other Paper (the tighter, the easier to throw). Line up the paper balls and count them (forward or backward). Toss them into any kind of container.</p>	<p>Pasta Jewelry Use yarn, string, straws, pipe cleaners, anything narrow and string beads or cereal or noodles with holes in it .</p> <ul style="list-style-type: none"> • Make it into a necklace or bracelet. • Can make a pattern with the items too. 	<p>Build your Letters Write each letter of your child's name on a separate piece of paper. Have your child "build" each letter (on top of the letter you wrote) with items around the house; yarn, noodles, playdoh, etc. What letter did you make?</p>	<p>Wacky Wednesday Place something in your calm down space that is wacky and a little funny. Something that makes you smile.</p>
Thursday April 23rd	<p>Number Movement Roll a dice or pick a card or pick pieces of paper with numbers on them and do "5 hops, 2 push ups"</p>	<p>Category Sort Take 2 or more types of groups of items. Sort them out. (silverware, toys, stickers, newspaper/magazine pictures)</p> 	<p>Box Puzzle Take an empty box (cereal box, granola, etc) and cut out the front and/or back. Cut the sides into 6-8 square pieces and you have created a puzzle! Have your child put the pieces together in order to create the larger image again. Up for a challenge? Cut the pieces using abstract shapes versus a simple square!</p>	<p>Smack the Letter Write letters on paper or use letter flashcards placed out. Take a spatula or fly swatter. When you name a letter the child finds it and hits it. Could name sounds too.</p> 	<p>Thoughtful Thursday</p>  <p>Remember to Belly Breathe, Count to 5, Use your Positive Self Talk (it's ok, I can do it)</p>