

High School December 2022 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Breakfast is offered before school and during snack line



Breakfast Price

All Students \$1.50

Complete Your Breakfast with Ice Cold Assorted Milk (1% White, and FF Chocolate)

Students that qualify for free/reduced meals \$0.00

Monday		Wednesday	Thursday	Friday
			1 Mini Cinnamon Donuts OR Blueberry Muffin w/String Cheese <i>*Fresh Fruit/Juice*</i>	2 Mini Waffles or Pancakes OR Cocoa Puff Bar & Cheddar Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
5 Sausage Breakfast Pizza OR Cheerios Cereal Giant Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	6 Long John Donut OR Cinn Toast Crunch Soft Filled Bar <i>*Fresh Fruit/Juice*</i>	7 Sausage/Ch Brkfst Sandwich OR Tottie Fruitie Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	8 Mini Cinnamon Pull Apart OR Strawberry Cream Cheese Bagel <i>*Fresh Fruit/Juice*</i>	9 Cheese Omelet & Ham Sand. OR Reese's Puffs Cereal & Cheddar Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
12 Sausage Breakfast Pizza OR Cocoa Roos Cereal & Sport Crackers <i>*Applesauce Cup/Juice*</i>	13 Mini Cinnamon Donuts OR Assorted Poptart w/String Cheese <i>*Fresh Fruit/Juice*</i>	14 Sausage/Ch Brkfst Sandwich OR Trix Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	15 Long John Donut OR Chocolate Chip Muffin w/String Cheese <i>*Fresh Fruit/Juice*</i>	16 Mini Waffles or Pancakes OR Frosted Flakes Cereal & Cheddar Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
19 Sausage Breakfast Pizza OR Cinn Toast Crunch Cereal Sport Crackers <i>*Applesauce Cup/Juice*</i>	20 Chocolate Filled Crescent OR Banana Choc Chip Oatmeal Bar <i>*Fresh Fruit/Juice*</i>	21 Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	22 Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Juice	23 Winter Vacation No School
26 Winter Vacation No School	27 Winter Vacation No School	28 Winter Vacation No School	29 Winter Vacation No School	30 Winter Vacation No School

Menus are subject to change due to food availability

This institution is an equal opportunity provider.