



# High School Lunch Menu November 2022

Rice Lake School District



***Look for New Menu Items Throughout the Year!!***  
***The Food Service Tab on our School Website will be updated if changes occur to the menu.***

***Complete Your Lunch with Ice Cold Assorted Milk***  
***(1% White or FF Chocolate)***

**Offer vs Serve Meal Pattern:**  
 Students are offered 5 Food Components:  
 Meat/Meat Alt, Grain (Whole Grain Rich),  
 Fruit, Vegetables, and Milk  
 \*Asked to Choose at least 3 Full  
 Components, one of which must be 1/2  
 cup fruit or vegetable, encouraged to  
 choose all items\*

## Hot Lunch Options

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BBQ Pork on a Bun Cheeseburger Big Daddy Pizza <u>Sides:</u> Broccoli Pineapple	2 Bacon Chicken Melt Quesadilla Big Daddy Pizza <u>Sides:</u> Baked Beans Mixed Fruit	3 Rodeo Burger Spicy Chicken Patty Cheesy Garlic French Bread <u>Sides:</u> Seasoned Potato Wedges Fresh Fruit	4 Mozzarella Dippers Mandarin Chicken Big Daddy Pizza <u>Sides:</u> Rice a Roni/Cooked Carrots Diced Pears
7 Teacher In-service No School	8 Popcorn Chicken Bowl Italian Meatball Sub Big Daddy Pizza <u>Sides:</u> Corn/Diced Peaches Dinner Roll	9 Bacon Cheeseburger Burrito w/Cheese Sauce Big Daddy Pizza <u>Sides:</u> Fresh Veggies Fresh Fruit	10 Chicken Nachos Mini Corn Dogs Cheesy Garlic French Bread <u>Sides:</u> Baked Beans Strawberries	11 French Toast/Sausage/Yogurt Chicken Tenders Big Daddy Pizza <u>Sides:</u> Tator Tots Orange Juice
14 Chicken Nuggets Quesadilla Big Daddy Pizza <u>Sides:</u> Rice a Roni/Broccoli Fresh Fruit	15 Soft Shell Tacos Italian Brd Chicken Sandwich Cheesy Garlic French Bread <u>Sides:</u> Corn Diced Pears	16 Rodeo Burger Spicy Chicken Patty Big Daddy Pizza <u>Sides:</u> Baked Beans Mixed Fruit	17 Roasted Turkey/Stuffing Whipped Potatoes/Gravy Green Beans/Cranberries Apple Juice Dinner Rolls Pumpkin Bars with Frosting	18 Cheesburger Cook's Choice Big Daddy Pizza <u>Sides:</u> Cooked Carrots Warm Cinn Apple Slices
21 Cheesy Breadsticks Toasted Italian Sub Big Daddy Pizza <u>Sides:</u> Red Sauce Fresh Fruit	22 Mini Corn Dogs Cheeseburger Cheesy Garlic French Bread <u>Sides:</u> Harvest Cheddar Sun Chips Baked Beans/Applesauce	23 Thanksgiving Break No School	24 Thanksgiving Break No School	25 Thanksgiving Break No School
28 Walking Taco Corn Dog on a Stick Big Daddy Pizza <u>Sides:</u> Corn/Fresh Fruit	29 BBQ Pork on a Bun Cheeseburger Big Daddy Pizza <u>Sides:</u> Broccoli Pineapple	30 Bacon Chicken Melt Quesadilla Big Daddy Pizza <u>Sides:</u> Baked Beans Mixed Fruit		

A Chef Salad is offered on the  
 Hot Line as another option  
 daily.

A Side Salad and/or Veggie  
 Boat is offered daily with the  
 lunch meal.

~Daily Choice of Fresh  
 and/or Canned Fruit~

Lunch Prices:  
 High School \$2.95  
 Middle School \$2.80  
 Elementary \$2.65

Menus are subject to change due to food availability

This institution is an equal opportunity provider.