



High School Lunch Menu December 2022

Rice Lake School District



Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.

***Complete Your Lunch with Ice Cold Assorted Milk
(1% White or FF Chocolate)***



Offer vs Serve Meal Pattern:
 Students are offered 5 Food Components:
 Meat/Meat Alt, Grain (Whole Grain Rich),
 Fruit, Vegetables, and Milk
 *Asked to Choose at least 3 Full
 Components, one of which must be 1/2
 cup fruit or vegetable, encouraged to
 choose all items*

Hot Lunch Options

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Rodeo Burger Spicy Chicken Patty Cheesy Garlic French Bread <u>Sides:</u> Seasoned Potato Wedges Fresh Fruit	2 Mozzarella Dippers Mandarin Chicken Big Daddy Pizza <u>Sides:</u> Rice a Roni/Cooked Carrots Diced Pears
5 Popcorn Chicken Bowl Italian Meatball Sub Big Daddy Pizza <u>Sides:</u> Corn/Diced Peaches Dinner Roll	6 Bacon Cheeseburger Burrito w/Cheese Sauce Big Daddy Pizza <u>Sides:</u> Fresh Veggies Fresh Fruit	7 Chicken Nachos Mini Corn Dogs Cheesy Garlic French Bread <u>Sides:</u> Baked Beans Strawberries	8 French Toast/Sausage/Yogurt Chicken Tenders Big Daddy Pizza <u>Sides:</u> Tator Tots Orange Juice	9 Chicken Waffle Sandwich General Tso Chicken Big Daddy Pizza <u>Sides:</u> Rice a Roni/Broccoli Breadstick/Applesauce
12 Chicken Nuggets Quesadilla Big Daddy Pizza <u>Sides:</u> Rice a Roni/Broccoli Fresh Fruit	13 Soft Shell Tacos Italian Brd Chicken Sandwich Cheesy Garlic French Bread <u>Sides:</u> Corn Diced Pears	14 Rodeo Burger Chicken Alfredo w/Brdstk Big Daddy Pizza <u>Sides:</u> Baked Beans Mixed Fruit	15 Loaded Potato Oles Cheeseburger Big Daddy Pizza <u>Sides:</u> Tator Tots Fresh Fruit	16 Spicy Chicken Patty Mandarin Chicken Big Daddy Pizza <u>Sides:</u> Rice a Roni/Cooked Carrots Fresh Fruit
19 Cheesy Breadsticks Toasted Italian Sub Big Daddy Pizza <u>Sides:</u> Red Sauce Fresh Fruit	20 Cheeseburger Breaded Chicken Patty Big Daddy Pizza <u>Sides:</u> Harvest Cheddar Sun Chips Green Beans/Strawberries	21 Baked Chicken Augratin Poatoes Peas/Cranberries Dinner Rolls Juice Cup/Fruit Choice Apple Crisp w/Ice Cream	22 Mini Corn Dogs Chicken Quesadilla Cheesy Garlic French Bread <u>Sides:</u> Baked Beans Fresh Fruit/Applesauce	23 Winter Vacation No School
26 Winter Vacation No School	27 Winter Vacation No School	28 Winter Vacation No School	29 Winter Vacation No School	30 Winter Vacation No School

A Chef Salad is offered on the Hot Line as another option daily.

A Side Salad and/or Veggie Boat is offered daily with the lunch meal.

~Daily Choice of Fresh and/or Canned Fruit~

Lunch Prices:
 High School \$2.95
 Middle School \$2.80
 Elementary \$2.65

Menus are subject to change due to food availability

This institution is an equal opportunity provider.