



# Middle School Lunch Menu December 2022

Rice Lake School District



**Look for New Menu Items Throughout the Year!!**  
The Food Service Tab on our School Website will be updated if changes occur to the menu.

Complete Your Lunch with Ice Cold Assorted Milk  
(1% White or FF Chocolate)



Offer vs Serve Meal Pattern:

Students are offered 5 Food Components:  
Meat/Meat Alt, Grain (Whole Grain Rich),  
Fruit, Vegetables, and Milk

\*Asked to Choose at least 3 Full  
Components, one of which must be 1/2  
cup fruit or vegetable, encouraged to  
choose all items\*

## Hot Lunch Options

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancakes/Sausage Corn Dog on a Stick Sides: Tator Tots Baby Carrots Orange Juice	2 Mozzarella Dippers* Warrior Burger Sides: Red Sauce* Cooked Carrots/Side Salad Diced Pears
5 Popcorn Chicken Italian Meatball Sub Sides: Corn Side Salad Diced Peaches	6 Hamburger on a Bun Cheesy Garlic French Bread Sides: Potato Smiles Lettuce/Tomatoes/Pickles Fresh Fruit	7 Spicy Brd Chicken Patty BBQ Pork Patty Sides: Baked Cheetos Baked Beans/Side Salad Strawberries	8 Cheese Raviolis in Red Sauce Quesadilla Sides: Warm Garlic Breadstick Baked Beans/Side Salad Strawberries	9 Pizza Mandarin Orange Chicken* Sides: Rice a Roni* Broccoli/Side Salad Applesauce
12 Chicken Nuggets Burrito w/ Cheese Sauce Sides: Rice a Roni Broccoli/Side Salad Fresh Fruit	13 Soft Shell Tacos Pizza Sides: Corn Lettuce/Diced Tomatoes Diced Pears	14 Mini Corn Dogs Cheeseburger Sides: Goldfish Pretzels Baked Beans/Side Salad Mixed Fruit	15 Pancakes/Sausage Brd Chicken Patty on a Bun Sides: Tator Tots Baby Carrots Orange Juice	16 Cheesy Breadsticks* Toasted Italian Sub Sides: Red Sauce* Cooked Carrots/Side Salad Fresh Fruit
19 Cheeseburger on a Bun BBQ Pork Patty Sides: Potato Wedges Lettuce/ Tomato/Pickles Fresh Fruit	20 Spicy Chicken Patty Hot Dog on a Bun Sides: Mac & Cheese Green Beans/Side Salad Strawberries	21 Chicken Drumstick Au gratin Potatoes Peas/Cranberries Dinner Roll Juice Cup Apple Crisp w/ Ice Cream	22 Chicken Tenders Quesadilla Sides: Cheez Its Baked Beans/Side Salad Fresh Fruit or Applesauce	23 Winter Vacation No School
26 Winter Vacation No School	27 Winter Vacation No School	28 Winter Vacation No School	29 Winter Vacation No School	30 Winter Vacation No School

## Cold Line Options

**Monday**  
PBJ Sandwich  
Assorted Crackers  
String Cheese

**Tuesday**  
Deli Sandwich  
Yogurt Cup

**Wednesday**  
PBJ Sandwich  
Assorted Crackers

**Thursday**  
Deli Sandwich  
Yogurt Cup

**Friday**  
PBJ Sandwich  
Assorted Crackers  
String Cheese

~Daily Choice of Side Salad &  
Fruit with Cold Line Option~



**Lunch Prices:**  
High School \$2.95  
Middle School \$2.80  
Elementary \$2.65

Menus are subject to change due to food availability

This institution is an equal opportunity provider.