

RICE LAKE AREA SCHOOL DISTRICT

Health Services

30 South Wisconsin Avenue

Rice Lake, WI 54868

Dear Parent/Guardian:

Welcome back to Rice Lake High School! I hope this letter finds your family enjoying a happy, healthy summer break! As we look toward the new school year, here are some tips to remember to keep -- everyone healthy, safe and ready to learn for the new school year:

Illness – School is a place for healthy kids! Please continue to assess your child(ren) for signs of illness every day before sending them to school. If your student is too ill to come to school, call the school attendance line to leave a message including a list of symptoms and to excuse them as ill. If your student sees a doctor and is diagnosed with an illness such as COVID 19, strep throat, chicken pox, mono, etc, be sure to provide us with the diagnosis and get a note from the doctor excusing them from school and indicating when your child may return – this helps track “what’s going around” and decreases student concerns with truancy.

Medication

- Medication forms and information are available on our website at the following links:
[Authorization to Administer Medication Form](#)
[Medication Form Instructions](#) [Parent Guidelines for Medication Administration](#)
A new medication form signed by a parent or guardian is required each year - NO EXCEPTIONS. Incomplete forms will not be accepted.
- All orders for prescription medication must be signed by a health care provider AND parent. Be sure forms are properly signed before bringing them to school.
- For safety reasons and per school policy, all medications must be brought to school by the parent/guardian, in the original prescription or manufacturer’s bottle and include the student’s name, medication name, dose, time and route of administration.
- **As needed medication:**
 - Over-the-counter pain medication (ibuprofen, 200mg tablets or acetaminophen, 325mg tablets) is available to students in the High School health room in case of mild aches and pains (headache, muscle aches, cramps, etc.). If you would like your child to have these medications available to them, please complete a Medication Authorization form.
- **Injuries and restrictions to activity** – if your child is unable to physically participate in any school activity (due to injury, planned surgery, illness, etc) a signed, written note from a health care provider is required. A list of restrictions is also required. If a physician excuses a student from participation, we must also have a physician’s signature to allow return to participation. Students without proper medical excuses are expected to participate in all school activities to the best of their ability.

Immunizations – if your student receives vaccines/immunizations during the school year, please forward a copy of their record to the school so we can keep our records as up-to-date as possible. If we already have the information – no need to send another copy. A list of required immunizations is located on our website.

[Wisconsin State Immunization Requirements](#)
[Immunization Form](#)

- **Flu Clinic** – We will continue to work with Barron County Public Health to provide this opportunity if it is available. More information to follow!

Chronic Health Conditions (asthma, allergies, epilepsy, diabetes, etc.):

- If your student has had an active school health plan in the past, you should have already received your paperwork for updates for the new school year. If you have not received the paperwork, please contact me – I will get forms to you!
- If you have received your paperwork, please complete it and return it as soon as possible so staff can be trained and ready to care for your student on the first day!
- If your student has developed a new health concern over the summer, please call me so we can create a plan of action for the school year
- If your child's health plan includes giving emergency medication, please deliver a supply of that medication to the school and assure that the medication is not expired.

Dental Clinic – NorthLakes Community Clinic is again offering a preventative school based dental program for all children grades Pre-K through 12th. This program is funded in part by Wisconsin Seal-A-Smile in collaboration with the Children's Health Alliance of Wisconsin and the Division of Public Oral Health Program. A dental professional comes to the school to provide dental services at NO CHARGE to you. The program includes:

- Oral health education and dental supplies
- Oral health assessment by a licensed dental professional
- Fluoride varnish applications (2 to 3 per year)
- Dental sealants and sealant replacement where necessary

The treatment your child receives in this program is not meant to be an alternative to regular dental care. It is still strongly recommended that you continue routine care with your family dentist. If you do not have a family dentist for routine dental care including any follow up care recommended by this program, we are committed to helping you find one.

If you would like your child to participate in this program, click this link to register:

<https://sealasmile.wisconsin.gov/Consent>

Looking forward to a happy, healthy school year! Please call with your questions or concerns!

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