

AHISD Goals for Coordinated School Health

Health/PE

- Clarify elementary (K-5) health TEKS coverage.
- Promote communication about health TEKS coverage between Howard, elementary schools, junior school, and high school.
- Promote communication between health and science departments at the secondary campuses.
- Promote PTO involvement with health education at all campuses.
- Address students at high risk for obesity.

Nutrition

- Promote PTO involvement with nutrition at all campuses.
- Integration nutrition education into the core curriculum content k-5.
- Promote nutrition information in cafeterias at all campuses.
- Promote school to home nutrition communication.
- Create a culture of “food as fuel” in our students and staff.
- Promote “key communicators” for nutrition among campus staff (like coaches, etc.).

Safe School

- Promote *all grade* social and emotional education programs (such as assemblies).
- Integrate social and emotional issues into core curriculum content (e.g., science).
- Promote peer education about social and emotional issues at all levels.