



Heart of Heights

Advisory & Class Meeting Topics

Year-at-a-Glance

2017-18



[Spanish version](#)

Each week students have a built in “advisory” or “class meeting” time that is focused on our Profile of a Learner. During these small group meeting times, the students work on building relationships, practicing character traits, focusing on social and emotional wellness, and promoting good digital citizenship.

Each campus has a planning team that prepares lessons for these topics. We encourage you to read your Monday Mail for campus specific lessons and parent literature that provides information about these monthly focus areas so you can have conversations with your child on these topics.

Click here for information on our monthly [Parent Training sessions](#)

| | |
|--|--|
| October | February |
| <i>Healthy Sense of Self: Self Image</i> | <i>Healthy Relationships: Kindness</i> |
| Character Traits: Confidence, Positivity, Courage | Character Traits: Empathy, Service, Caring, Compassion |
| November | March |
| <i>Healthy Sense of Self and Relationships: Emotional Literacy</i> | <i>Healthy Sense of Self: Balanced Life</i> |
| Character Traits: Caring, Gratitude, Honor | Character Traits: Self-Awareness, Self-Expression, Balance, Moderation |
| December | April |
| <i>Healthy Relationships: Mutual Respect</i> | <i>Healthy Relationships: Collaboration</i> |
| Character Traits: Compassion, Empathy, Humility, Joy | Character Traits: Humility, Respect, Dependability, Honesty |
| January | May |
| <i>Healthy Sense of Self: Strengths and Challenges</i> | <i>Healthy Sense of Self: Self Reflection and Celebrations</i> |
| Character Traits: Self-Control, Flexibility, | Character Traits: Determination, Hope, Wisdom, |

Perseverance, Grit, Resilience

Responsibility, Independence